The Associate in Arts in Kinesiology for Transfer (AA-T) Degree is intended to meet the lower division requirements for Kinesiology majors (or similar majors) at a CSU campus that offers a Kinesiology baccalaureate degree. In addition to the courses listed below, the following additional requirements must be met for completion of the Associate in Arts in Kinesiology for Transfer Degree:

1. Completion of a minimum of 60 CSU-transferable semester units.
2. Achievement of a minimum GPA of at least 2.0 in all CSU-transferable coursework (some majors may require a higher GPA; students should consult with a counselor for more information).
3. Completion of the 21-23 semester units in the major with a grade of “C” or better.
4. Certified completion of the California State University General Education-Breadth (CSU GE) pattern; OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern.

### Required Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
<th>N</th>
<th>IP</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 125</td>
<td>Human Anatomy</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BIOL 226</td>
<td>*Human Physiology</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>KIN 194</td>
<td>Introduction to Kinesiology</td>
<td>3</td>
<td></td>
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</tr>
</tbody>
</table>

### Movement-Based Courses

- Select a maximum of one (1) course from any three (3) of the following areas for a minimum of three (3) units:
  - **AQUATICS:**
    - KINA 117 Swimming I | 1
    - KINA 217 Swimming II | 1
  - **COMBATIVE:**
    - KINA 124 Self-Defense | 1
  - **DANCE:**
    - DANC 151 Modern Dance I | 1
    - DANC 168 Latin Social Dance | 1
  - **FITNESS:**
    - KINA 120 Swim for Fitness | 1
    - KINA 132 Aqua Aerobics | 1
    - KINA 134 Cardio Boot Camp | 1
    - KINA 136 Pilates Mat I | 1
    - KINA 140 Walking for Fitness | 1
    - KINA 158 Yoga I | 1
  - **INDIVIDUAL SPORTS:**
    - KINA 101 Tennis I | 1
    - KINA 107 Badminton I | 1
    - KINA 113 Golf I | 1
  - **TEAM SPORTS:**
    - KINA 103 Softball I | 1
    - KINA 104 Volleyball I | 1
    - KINA 105 Basketball I | 1
    - KINA 109 Soccer I | 1

Choose 2 courses from the following:

- **MATH 130** Or *Statistics
  - Math 130H Or *Statistics Honors | 4
  - PSY 190 *Statistics for the Behavioral Sciences | 4
- **CHEM 130** *General Chemistry | 5
- **PHY 150** Or *General Physics I
  - PHY 211 *Physics for Scientists and Engineers I | 4
- **KIN 193** Standard First Aid and C.P.R. | 3

Required Subtotal: 21-23

**CSU GE or IGETC Pattern**

Varies

Transferable Electives

As needed to reach 60 transferable units

Total transferable units needed for Associate in Arts: 60

*Prerequisite/Corequisite