RIO HONDO COLLEGE

DIVISION OF KINESIOLOGY, DANCE, AND ATHLETICS
KINESIOLOGY/SPORTS MEDICINE
ASSOCIATE OF SCIENCE DEGREE

The Associate of Science Degree is designed to give students interested in a career in sports medicine, athletic training or physical therapy an opportunity to develop, practice and implement fundamental skills in the prevention, treatment and rehabilitation of various athletic/orthopedic injuries and related medical conditions. Using a combination of dynamic classroom learning and clinical experience, this program will set a foundation that will aid in the pursuit of a multitude of allied healthcare professions. Completion of this degree will also prepare students for further study or to obtain employment as an entry-level rehabilitation/allied health paraprofessional. Earning this degree may facilitate the student's transfer to a CSU and/or professional program. Students must attain a grade of "C" or higher in each course for successful completion of the degree.

To acquire an **Associate of Science in Kinesiology/Sports Medicine**, students must complete the required major courses below with a grade of "C" or better along with one of the following:

- o   RHC GE and Proficiency requirements
- o   CSU GE (California State University General Education Breadth)
- o   IGETC (Intersegmental General Education Transfer Curriculum)

Required Courses		Units	N	IP	C
KIN 197	Prevention and Treatment of Athletic Injuries	3			
KIN 297	*Advanced Athletic Training	3			
KIN 290	*CWE/Internship for Athletic Training Related Fields	4			
KIN 193	Standard First Aid and CPR	3			
KIN 122	Nutrition for Sport and Fitness	3			
KIN 126	Principles of Strength and Conditioning	3			
PSY 101	Introductory Psychology	3			
BIOL 125	Human Anatomy	4			
BIOL 226	*Human Physiology	4			
Total major units needed for Associate of Science		**30**			
Units Completed					
*Prerequisite/Corequisite					