

Dance, continued

Advanced Belly Dancing

This class is designed for advanced level students. The pace is faster, and you will learn longer and more challenging choreographies in these classes. This class is for the more serious students and is expected to practice at home. You will be using swords, Isis wings and have an opportunity to perform live.

Session 1

Date: Aug 26 – Oct 14

T# 3056.6 Wed 7:30pm - 8:30pm \$75

Instructor: LeVina Rivera
Location: RHC Campus Inn

Session 2

Date: Oct 21 – Dec 9

T# 3057.6 Wed 7:30pm - 8:30pm \$75

Instructor: LeVina Rivera
Location: RHC Campus Inn

Digital Media



Wow'em with Photoshop!

In this fun and creative Photoshop Elements 7.0 class you will learn how easy it is to combine multiple photographs to create breathtaking works of art, which are sure to wow your friends and family. Using a hands-on approach you will learn to blend basic photo editing skills with layering, masking and filtering tools to design stunning collages and portraits. You will even have the chance to create a personalized magazine cover that will make an excellent gift for someone special during the holidays. Each student will take home a CD of his or her creations and a framed print of two of the three assignments completed in class.

Date: Oct 6 – Nov 3

T# 3058.6 Tue 7:00pm – 9:00pm \$69*

*Material Fee: \$15 payable to the instructor in cash only for course materials.

Instructor: Dedre Robinson
Location: RHC Business Bldg., B114



Great Holiday Gifts with Digital Photos

Got lots of digital photos? Need inexpensive, personalized holiday cards and gifts? Don't have a lot of time or money? Join us as we demonstrate how easy it is to make beautiful, personalized gifts with your digital photos, using your computer and Photoshop Elements. You will learn how to organize and edit your digital photos (including an easy trick to lose 10 lbs) make projects. Class includes digital supplies to make 3 different holiday cards.

Date: Sep 2

T# 3059.6 Wed 6:00pm - 9:00pm \$39*

Instructor: Patty Debowski
Location: RHC Science Bldg., S326

*An optional \$39 materials fee is payable to the instructor in class for a 384 page color book & DVD full of digi-scrapping supplies.

*Patty Debowski, founder of www.TheDigitalScrapbookTeacher.com is the author of the book, *Digital & Hybrid Scrapbooking & Card Making with Photoshop Elements* (ISBN# 978-0-9796959-0-2). She's been an accomplished scrapper for more than 30 years teaching students across the nation how to use Photoshop Elements.*

Emeritus

Chorus Singing

This course introduces older adult students to a variety of choral music and explores its cultural and historical aspects. Students will gain knowledge of posture, vowel modification, elements of phrasing and harmony. Students will perform vocal exercises and practice breathing techniques appropriate for the older adult.

Session 1

Date: Aug 24 – Oct 22

T#5515 Mon/Thu 6:30pm - 8:30pm No Fee

Instructor: Debbie Montpas
Location: The Palms

Session 2

Date: Oct 26 – Dec 17

T#5516 Mon/Thu 6:30pm - 8:30pm No Fee

Instructor: Debbie Montpas
Location: The Palms

Creative Writing for Older Adults

This course is for older adults and helps beginning and experienced writers break through writing blocks and create and shape autobiographies, fiction, non-fiction and poetry into readable and published forms.

Session 1

Date: Sep 11 – Oct 23

T#5511 Fri 9:30am - 11:30am No Fee

Instructor: Suzette Hodnett
Location: Whittier Senior Center

Session 2

Date: Oct 30 – Dec 18 No Class Nov 27

T#5512 Fri 9:30am - 11:30am No Fee

Instructor: Suzette Hodnett
Location: Whittier Senior Center

Current Topics for Older Adults

This course presents older adults with various topics for discussion and class activities based on the students' individual interests, backgrounds, physical and mental abilities. Older adults are encouraged to share and compare life experiences, and learn about international, national and local events and issues from a current and historical viewpoint.

Date: Aug 27 – Dec 10 (No Class Nov 26)

T# 5507 Thu 9:00am-10:30am No Fee

Instructor: Mary Lou Gutierrez
Location: Emeritus at Whittier

Date: Aug 26 – Oct 15

T# 5506 Wed/Thu 1:00pm-2:30pm No Fee

Instructor: Elaine Bobell
Location: Merrill Gardens

Date: Oct 21 – Dec 10 (No Class Nov 26)

T# 5509 Wed/Thu 1:00pm-2:30pm No Fee

Instructor: Elaine Bobell
Location: Merrill Gardens