Course Expectations Letter

Subject: CD 102 Nutrition Health and Safety

E-Mail Contact Information:
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Catalog Course Description:
This course is designed for students interested in working in group care and educational programs that enroll children from infancy to early adolescence. The course focuses on preventive health and safety practices in group care environments for both children and adults and integration of these practices into everyday program planning and development. Introduction will also be provided regarding the laws, regulations, standards, policies and procedures and child development curriculum related to child nutrition, health and safety. Topics will include prevention and recognition of infectious disease, immunization, dental and mental health, child nutrition, menu planning, sanitary food handling, prevention of injury, emergency preparedness and evacuation, providing services for children with special needs and child abuse prevention, identification and reporting responsibilities. The importance of program collaboration with families and health professionals will also be addressed. This course meets the Department of Social Services Classification Indicator DS7 and the State of California Department of Education Title V Child Development Permit.

Student Learning Outcomes:
- Students will evaluate the physical facilities of children's programs according to the criteria for safe environments.
- Students will describe the responsibilities of personnel in maintaining a safe and healthy environment for children.
- Students will demonstrate an understanding of the policies set by the local health authority regarding records, physical examinations and communicable disease.
- Students will explain the developmental nutritional needs of children by age.
- Students will develop curriculum focusing on nutrition, health and safety that is developmentally appropriate.

By logging into Canvas you affirm that you are the student who enrolled in the course(s) and are the person who will complete the assigned work. Furthermore, you agree to follow the regulations regarding academic integrity, personal identification and the use of student information as described in BP 5500 (Standards of Conduct) and AP 5520 (Student Conduct Procedures) which are the Rio Hondo College student conduct codes that govern student rights and responsibilities. You acknowledge that failure to abide by the regulations set forth in BP 5500 and AP 5520 may result in disciplinary action, including expulsion from the college.

This is NOT a self-paced course. There are firm deadlines in this class. There are assignments due on a regular basis. Please plan your time carefully!

Textbook: Please consult the Bookstore for information at (562) 463-7345 or go to Rio Hondo College Online Bookstore

Over the course of the semester there will be regular instructor student contact. Methods of regular instructor student contact include:

- Discussion Board interactions between the student and the instructor.
Online office hour interaction.
Announcements regarding course issues.
Email interactions.

**The instructor may drop you for non-participation.**

There will be a one to three business day delay after an add code is used before a student may be able to log on to Canvas.

For students new to online classes, it is highly recommended that you take the Online Orientation through our Online Education website. This will help explain what online classes are like and familiarize you with how the class is laid out. The orientation can be found at: [http://www.riohondo.edu/canvas-orientation/](http://www.riohondo.edu/canvas-orientation/)

Email Responses: Instructors will make every attempt to respond to students in a timely fashion. Responses can take up to 48 hours before a response is received, excluding weekends and holidays.

Disability: A Student with a verified disability may be entitled to appropriate academic accommodations. Please contact your instructor and/or the [Disabled Students & Programs](http://www.riohondo.edu/oso/) office at 562-908-3420 for more information.

**Modifications and Disclaimer:** The instructor reserves the right to modify the content of the course or any course procedure. It is the responsibility of the student to keep apprised of all changes. If the student wishes to drop the class he/she is responsible for initiating the drop. Do not take it for granted that you will be dropped. If you stop working and do not drop the course, you may get an undesirable grade.