



Rio Hondo College
Ballet I
Fall Semester 2009

Instructor: Alyson Cartagena Director of Dance
Meeting Time: Fridays 8:00-11:10PM Location: G132
Course Number: Dance 153 Ticket Number: 1028 Units: 1
Office Hours: Tuesday & Thursday: 9:30-11:00 AM *and by appointment
Contact: 562-463-7405 acartagena@riohondo.edu

Course description

This is an introductory course for those students who seek technical skill in classical ballet. The course will focus on body alignment, traditional steps and combinations, musicality, ballet terminology, and the development of strength and flexibility. Students will also gain knowledge of contemporary influences on ballet. This course may be taken once and repeated three times for credit.

Student Learning Outcome

Student will physically demonstrate pirouette turns with proper alignment, spotting, and a controlled finish. These will be performed both separately and within a dance combination.

<u>Grades:</u>		<u>Final Grades:</u>	
Active Participation:	-5 per class missed	A	225-200
6 Quizzes:	50 points	B	199-179
Midterm (barre work)	40 points	C	178-158
Research paper:	10 points	D	157-137
Final:	125 points	F	136-

Active Participation: 100% dancing, 100% of the time

Each student is allowed one emergency absence. Make-up classes must be pre-approved by instructor and no more than five are permissible. It is YOUR responsibility to make-up work missed & to drop the class if necessary.

Tardiness: Due to safety concerns, students are not permitted to participate after the first *15minutes of class. Two (2) tardies count as an absence.*

Illness: Students that are tardy, injured or ill, and **NOT CONTAGIOUS**, are expected to watch class and take notes. Please notify instructor at the beginning of class of your intention and turn your notes in at the end of class.

Holidays: Nov. 27 (Thanksgiving)

Textbook: *Ballet Basics*, Sandra Noll Hammond

Paper: Two-page typed and double-spaced research paper submitted via email (acartagena@riohondo.edu) Include your **name and Ballet** in the subject line.

Due: Fri. Nov. 13 by midnight

Midterm: Evaluation of ballet barre work.

Final: Demonstration of the warm-up exercises, combinations and possibly a written component. Final Exam: **Fri. Dec. 11 @ 8:00 AM**

Extra Credit: When necessary, additional coursework may be assigned to supplement grades.

Audition for Works in Progress: Aug. 29 @ noon

Works in Progress Dance concert Nov. 12-14 @ 8PM

Attire: Women: Black leotards, pink tights, pink ballet slippers, optional ballet skirt. Hair neatly pulled from the face. Wear clothes in which you feel comfortable and confident. Men: White T-shirt, dark colored sweatpants or tights, ballet

slippers. If you are not in proper dance attire, half your Active Participation points for that day will be deducted. **Please no loose jewelry, hair, watches or baggy clothes!**

Quiz Dates: Your lowest Quiz grade (or a missed Quiz) will be dropped.
Fri. Sept. 4 Fri. Sept. 18 Fri. Oct. 2
Fri. Oct. 16 Fri. Oct. 30 Fri. Nov. 20

Assistance: Any student with a disability, who believes that he/she may need accommodations in this class, is encouraged to contact the Disabled Student Program & Services. The office is located in room S205. Phone: (562) 908-3420

Please note that the university's policies on academic honesty apply to all work done for this course and will be strictly enforced. Please see the student handbook, and see me if you have any questions.

CLASS ETIQUETTE

- Turn all cell phones and pagers off when you enter the studio. *Leave the world behind.*
- There should be no talking during class. *We silence ourselves to receive.*
- Please do not give unsolicited advice to other students.
- Arrive 5-10 minutes early for class in order to dress, to socialize, to review material, and for your pre warm-up.
- No food, drink, or gum allowed in the studio, except for bottled water. **KEEP THE STUDIO CLEAN** by throwing away your trash and taking your shoes off when you enter the room.
- Bring water and a towel.
- Tardiness will affect your grade. If you arrive 15 minutes after warm-up has begun, you may not join class. You are expected to take notes and turn them in at the end of class.
- If you must leave in the middle of class, please inform the instructor and do so quietly.
- It is proper to applaud yourself and the instructor at the end of class. Congratulate yourself on a job well done.
- Do not compare yourself with other students. Each of you has unique skills, strengths, and body shapes. Allow yourself time to master skills that allude you. New approaches require patience and practice.
- *Enjoy the journey!*

Clothing Sources:

Applause, Bootery & Dance
1230 W Imperial Hwy
La Habra 562-694-1314

Discount Dance (Hill's)
1501 N. Raymond Ave.
Anaheim 714-999-0955

Danny's Warehouse
5701 West Adams
Los Angeles 323-954-8973

Online Clothing Resources:

www.discountdance.com

www.dancedistributors.com