

PE 103 SOFTBALL I

Date/Time – Tuesday/Thursday : 2:00 – 3:25pm

Instructor – Bianca Urquidi

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Last day to add: Sept. 1

Holidays: Sept. 7th, Nov. 9, 26, 27th

Final: December 10th at 2:00pm

Final Drop date: Nov. 12th

Course Objective:

- Be able to identify each position on the field
- Be able to give a brief description of the role of each position
- Know basic rules and terminology of fast-pitch softball
- Be able to throw for accuracy
- Be able to catch a thrown ball or a hit ball
- Bat for contact

Class Materials:

- Close toes athletic shoes with laces, if possible cleats
- Comfortable athletic clothing (i.e. t-shirt, shorts, sweats)
- Hat, visor, or sunglasses
- Softball/Baseball glove
- Water
- Sunscreen

Grading Procedure: Based upon attendance and participation in activity

Grading Scale:

<2 absences= A
3 absences=B
4 absences= C
5 absences=D
6 or more absences= F

***Arriving late or leaving class early will result in half –credit for that class day; 2 half-credits=1 missed class!!!! If you are more than 15 minutes late you will not get credit for the day.

NO CELL PHONES DURING CLASS!!!! TURN THEM OFF AND PUT THEM IN YOUR BAG. IF YOUR CELL PHONE GOES OFF DURING CLASS YOU WILL LOSE YOUR ATTENDANCE AND PARTICIPATION POINTS FOR THE DAY.

Student Learning Outcomes:

Throughout the semester, your performance on student learning outcomes will be evaluated. In particular the outcomes which will be assessed this semester will include:

- The students develop fundamental softball skills that can be used in a scrimmage.
- The student develop a basic understanding of fundamental rules of fast-pitch softball.

Students with Disabilities Statement:

Any student with a disability who believes that he/she may need accommodations in this class is encouraged to contact the Disabled Students Program and Services office as soon as possible to ensure that such accommodations are implemented in a timely manner. The office is located in room S205 and the telephone number is (562) 908-3420