An Invitation to a Reflection & Renewal Retreat
“Risky Business: Looking, Leaping and the Roads Not Taken”

You have to risk going too far to discover just how far you can really go.
~T.S. Eliot

When: Friday, March 20th, 9:00am-5:00pm (due to the nature of the event, participants are asked to make plans to attend the retreat in its entirety)
Applications (attached) due March 9th

Where: Mater Dolorosa Retreat Center*, Sierra Madre CA

What: On this first day of spring, consider joining with colleagues to explore how the risks we choose to take and the paths we turn away from shape the direction and quality of our work and our lives.

As in all “R & R” retreats, this will be a relaxed, yet focused time using tools such as journal writing, the arts, and individual and small group reflection to encourage insight, community, and a renewed sense of purpose to bring back to our work at the college.

Who: Open to All staff (a mix of faculty, staff & management is encouraged!) – 15 maximum. If you are a “veteran” of many R & R experiences you are most welcome to apply, however we may give priority to new participants if we reach our maximum.

Facilitators: Sheila Lynch & Katie O’Brien

To find out more about whether this retreat is for you, feel free to contact Katie O’Brien at ext. 3223, or kobrien@riohondo.edu or Sheila Lynch @ slynch@riohondo.edu, and/or visit our website to see what past participants have said @ http://www.riohondo.edu/staff-development/reflection-renewal/

*Mater Dolorosa is situated in a sprawling natural preserve in the foothills of the San Gabriel Mountains. While this is a Catholic facility, secular, unaffiliated groups such as ours are also welcome to utilize their lovely and tranquil grounds.

Formation (R & R) is journeying, individually and in community, to identify our true selves and deep integrity. From this center proceeds our action. ~ Parker Palmer