PHYSICAL EDUCATION

KINESIOLOGY FOR TRANSFER

ASSOCIATE IN ARTS DEGREE

The Associate in Arts in Kinesiology for Transfer (AA-T) Degree is intended to meet the lower division requirements for Kinesiology majors (or similar majors) at a CSU campus that offers a Kinesiology baccalaureate degree.

In addition to the courses listed below, the following additional requirements must be met for completion of the Associate in Arts in Kinesiology for Transfer Degree:

1. Completion of a minimum of 60 CSU-transferable semester units.
2. Achievement of a minimum GPA of at least 2.0 in all CSU-transferable coursework (some majors may require a higher GPA, students should consult with a counselor for more information).
3. Completion of the 21-23 semester units in the major with a grade of “C” or better.
4. Certified completion of the California State University General Education-Breadth (CSUGE) pattern; OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern.

<table>
<thead>
<tr>
<th>Required Courses</th>
<th>Units</th>
<th>N</th>
<th>IP</th>
<th>C</th>
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<tbody>
<tr>
<td>BIOL 125 Human Anatomy</td>
<td>4</td>
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<tr>
<td>BIOL 226 Human Physiology</td>
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<td>PETH 194 Introduction to Kinesiology</td>
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Movement Based Courses - Select a maximum of one (1) course from any three (3) of the following areas for a minimum of three (3) units:

**AQUATICS:**
- PE 117 Swimming I
- PE 217 Swimming II

**COMBATIVES:**
- PE 124 Self Defense

**DANCE:**
- DANC 151 Modern Dance
- DANC 168 Latin Social Dance

**FITNESS:**
- PE 120 Swim for Fitness
- PE 132 Aqua Aerobics
- PE 134 Fitness through Rhythmic Aerobics
- PE 136 Pilates Mat I
- PE 140 Fitness Walking
- PE 158 Yoga

**INDIVIDUAL SPORTS:**
- PE 101 Tennis I
- PE 107 Badminton I
- PE 113 Golf
- PE 103 Softball I
- PE 104 Volleyball I
- PE 105 Basketball I
- PE 109 Soccer I

Choose 2 courses from the following:

- MATH 130 Or Statistics
- Math 130H* Or Statistics Honors
- PSY 190 Statistics for the Behavioral Sciences
- CHEM 130 General Chemistry
- PHY 150 Or General Physics I
- PHY 211 Physics for Scientists and Engineers I
- PETH 193 First Aid and C.P.R.

Required Subtotal: 21-23

CSU GE or IGETC Pattern: 37 or 39

Transferable Electives: as needed

Total major units needed for Associate in Arts: 60

Units Completed

* Prerequisite
NOTE: Students are advised to check with the Counseling Department or Transfer Center for the courses accepted into the Kinesiology major at the CSU where they seek transfer.