




MAY

Office: 626-443-8932
Text: 562-457-3056

El Monte Educational Center
3017 Tyler Ave.
El Monte, Ca 91731

2024

MON	TUE	WED	THU	FRI	SAT
	https://tinyurl.com/rhfkce2023-2024 **Please be advised: NO Credit will be given for cancelled classes **Aviso: NO se otorgará crédito por clases canceladas	1-- Español Enseñar a sus hijos habilidades para escuchar 9:30am-12:30pm Por Zoom--Oswaldo	2-- Español La diferencia entre estrés, angustia y ansiedad 5:00pm-8:00pm Por Zoom--Maria	3	4-- DCFS Event Become a Foster or Adoptive Parent @ EMEC 10:00am-1:00pm
6	7--English Drug & Alcohol Prevention: The Newest Killer-Fentanyl 6:00pm-9:00pm Via Zoom--Betsy	8--English Anxiety and Depression in Children and Youth 9:30am-12:30pm Via Zoom--Oswaldo	9-- Español Esquizofrenia en niños y adolescentes 10:00am-1:00pm-Maria En Persona- EMEC#104	10	11--English Caring for Children with Diabetes 9:00am-12:00pm Via Zoom--Betsy
13	14--English A Walk in My Shoes- Understanding Empathy for the Biological Family 6:00pm-9:00pm Via Zoom--Betsy	15--English The Power of Positive Thinking: A Door of Possibilities for Our Children 9:30am-12:30pm Via Zoom--Oswaldo	16-- Español Resolver desafíos alimentarios con niños en hogares de crianza 5:00pm-8:00pm Por Zoom--Maria	17-- English (SCI) #1-3 5:00pm-9:00pm Via Zoom--Oswaldo	18-- English (SCI) #2-3 9:00am-1:00pm Via Zoom--Oswaldo
20	21--English Take a Breath - Burnout Prevention 6:00pm-9:00pm Via Zoom--Betsy	22--English Building Healthy Relationships: How the People in Our Lives Influence Our Health and Happiness 9:30am-12:30pm Via Zoom--Oswaldo	23-- Español Cómo fomentar y mantener la paciencia y la atención plena 10:00am-1:00pm-Maria En Persona- EMEC#104	24-- English (SCI) #3-3 5:00pm-9:00pm ViaZoom--Oswaldo	25
27 HOLIDAY RHC-Closed	28--English Mandated Child Abuse Reporter 6:00pm-9:00pm Via Zoom--Betsy	29---- Español--Depresión y suicidio en adolescentes 9:30am-12:30pm Por Zoom--Oswaldo DCFS Caregiver Resource Meeting 10:00am-12:00pm In-Person/En-Persona @EMEC	30-- Español Manejo del comportamiento 5:00pm-8:00pm Por Zoom--Maria	31 	 <i>"The more we know, the more they grow"</i>