

## Grant Profile

### **Student Mental Health Awareness & Support Program Underway!**

The purpose of this grant-funded program is to promote student wellness and reduce the stigma of mental health issues. Activity leaders are working to develop early intervention strategies focusing on the mental health needs of our students. Activities include developing the following resources:

- Wellness Education Workshops
- Individualized Student Self-Assessment Resources
- Online Access to Social Service Referrals
- Training for Faculty and Staff
- Peer-to-Peer Mentoring Programs for Disabled, Veteran, and LGBTQ students
- Campus-based Safe Zone Ally Program
- Mental Health Awareness Events
- Active Minds Student Chapter

*These activities provide a comprehensive offering of student support, so please watch for more information about them when they are announced on campus!*

Project Director:	Dr. Dyrell Foster, Dean, Office of Student Affairs
Activity Leaders:	Sylvia Duran-Katnik, Veterans Services Program; Dr. Alfred Forrest, Student Health Center; Dr. Robert Itatani, Psychological Services; Mark Matsui, Disabled Student Programs & Services; Marta Munoz, RioSource; and Dr. Mike Munoz, Student Life & Leadership
Funding Source:	California Mental Health Services Authority
Grant Duration:	July 1, 2012 – May 31, 2014
Amount:	\$245,517 over two years
Community Partners:	Presbyterian Intercommunity Hospital, Intercommunity Counseling Center, Cerritos College Disabled Students Program, CSULB Department of Advanced Studies in Education and Counseling, UCLA Welcome Back Veterans Family Resilience Center, LA CADA, Active Minds, Los Angeles County Department of Public Health, local colleges and universities



Members of the leadership team include (L-R): Jessica Perea (program assistant), Dr. Robert Itatani, Dr. Dyrell Foster, Sylvia Duran-Katnik, Marta Munoz, and Mark Matsui. Not shown: Dr. Alfred Forrest and Dr. Mike Munoz.



Recent visitors to Rio include community partners (L-R): Marilyn Neece, Intercommunity Counseling Center; Dr. Piero D'Ingillo, Los Angeles County Department of Public Health; and Kate Nagy, LA CADA.

*If you are interested in learning more about the program, please call Dr. Dyrell Foster at (562) 463-3573.*