APA GUIDE

Based on the 6th edition of the *Publication Manual of the American Psychological Association* (2010).

Part 1. In-Text Citations

<u>Purpose of the in-text citation</u>: Use whenever you summarize, paraphrase, or quote from another source. The in-text citation directs the reader to the matching citation on the References page so that the reader can examine and look up that source.

In-text citations include the author's last name(s) and year of publication. Page number(s) are included for direct quotes. For sources without page numbers (such as websites and e-books), use a paragraph number and/or section heading instead.

Examples of In-Text Citations

Type of In-Text Citation	Sample In-Text Citation
Single Author, direct quote (with an author signal phrase):	Skip Downing (2017) notes, "In order to create strong neural networks, you've got to actively participate in the learning process" (p. 262).
Single Author, paraphrase (with no author signal phrase):	There are more than 320 species of hummingbirds, which range in size from two to six inches long (Bruning, 2016).
Two Authors (always cite both names):	(Smith & Jones, 1972)
Three to five authors* (cite all authors the first time reference is used, after that, list first author's name followed by "et al."):	*First time used*: (Smith, Jones, Hanover, & Riley, 1984) *Following citations*: (Smith et al., 1984) **For six or more authors, cite name of first author with "et al.":* (Smith et al., 1984)
Groups as authors (corporations, associations, government agencies, etc.; can be abbreviated after first citation):	*First time used*: (American Library Association, 2014) *Following citations*: (ALA, 2014)
Unknown or anonymous author (cite the first few words of the reference list title and year):	*Use double quotation marks for an article, chapter, or web page*: ("Study Finds," 2009) *Italicize the title of a periodical, book, brochure, or report:* (*Gun Control*, 2016)

- To cite specific parts of a source, indicate page, paragraph, chapter, figure or table after the date with a comma in-between
- For more in-text citation examples, see APA Publication Manual, sections 6.11 through 6.21

Part 2: Citations for References Page

- For every in-text citation included in your paper, you must have a corresponding **bibliographic citation** in the References page.
- Your **References** page should appear as the last page(s) of your essay or research paper.
- While the examples below are shown single-spaced, APA reference citations are always 1) **double-spaced**, 2) in **alphabetical order**, 3) with a half-inch (5 spaces) **hanging indent format**, and 4) **one space following each period**.
- The following are the formats and examples of common APA citations. Use these as guidelines to help cite your own sources.

1. Citing a Print Book

Basic Formats:	**Author, A. A. (Year Published).** *Title of work: Subtitle*. **Location: Publisher.** *or* **Editor, A. A. (Ed.). (Year Published).** *Title of work: Subtitle*. **Location: Publisher.**
Example with one author:	Shotton, M. A. (1989). *Computer addiction: A study of computer dependency*. London, England: Taylor & Francis.

Example with two authors:	Forgan, J. W., & Richey, M. A. (2015). *The impulsive, disorganized child: Solutions for parenting kids with executive functioning difficulties*. Austin, TX: Prufrock Press.
Example with three or more authors:	Alper, S., Schloss, P. J., Etscheidt, S. K., & Macfarlane, C. A. (1995). *Inclusion: Are we abandoning or helping students?* Thousand Oaks, CA: Corwin Press.
Example with group author (corporations, associations, government agencies, etc.):	American Medical Association. (2004). *American Medical Association family medical guide* (4th ed.). Hoboken, NJ: Wiley. *Note: example also indicates edition other than first.*
Example of edited work or collection with author:	Plath, S. (2000). *The unabridged journals*. K. V. Kukil (Ed.). New York, NY: Anchor.
Example of edited work or collection without author:	Duncan, G. J., & Brooks-Gunn, J. (Eds.). (1997). *Consequences of growing up poor*. New York, NY: Russell Sage Foundation.
Example of book translation:	Tolstoy, L. (2006). *War and peace*. (A. Briggs, Trans.). New York, NY: Viking. (Original Work published 1965).

2. Citing an eBook

Basic Format:	**Author, A. A. (Year Published).** *Title of work*. **Retrieved from http://xxxxxx, name of online/library database, or DOI number.**
eBook from a library database:	Kirk, R. (2017). *Robots, Zombies and Us: Understanding Consciousness*. Retrieved from eBook Collection (EBSCOhost).
eBook available online:	Post, E. (1923). *Etiquette in society, in business, in politics, and at home*. New York, NY: Funk & Wagnalls. Retrieved from http://www.bartleby.com/95/
eBook purchased for E-Reader (such as Kindle):	Tetlock, P. E., & Gardner, D. (2015). *Superforecasting: The art and science of prediction* [Kindle version]. Retrieved from Amazon.com

3. Citing a chapter or entry from a Print Book or eBook

Basic Formats:	*Print*: **Author, A. A. (Year Published). Title of chapter or entry. In A. Editor (Ed.),** *Title of book* **(xx ed., Vol. xx, pp. xxx-xxx). Location: Publisher.** *Electronic*: **Author, A. A. (Year Published). Title of chapter or entry. In A. Editor (Ed.),** *Title of book* **(xx ed., Vol. xx, pp. xxx-xxx). Retrieved from http://xxxxxx, name of database, or DOI number**
Chapter in a print book/anthology:	Haybron, D. M. (2008). Philosophy and the science of subjective well-being. In M. Eid & R. J. Larsen (Eds.), *The science of subjective well-being* (pp. 17-43). New York, NY: Guilford Press.
Entry in a print reference book with no author:	Fractures. (2005). In D. B. Jacoby, & R. M. Youngson (Eds.), *Encyclopedia of family health* (3rd ed., Vol. 5, pp. 2470-2471). Tarrytown, NY: Marshall Cavendish.
Entry in a reference eBook (available online) with author(s):	Graham, G. (2005). Behaviorism. In E. N. Zalta (Ed.), *The Stanford encyclopedia of philosophy* (Fall 2007 ed.). Retrieved from https://plato.stanford.edu/entries/behaviorism/
Entry in a reference eBook (from a library database) without author(s):	Earliest Temples and Tombs. (2005). In E. I. Bleiberg, J. A. Evans, K. M. Figg, P. M. Soergel, & J. B. Friedman (Eds.), *Arts and Humanities Through the Eras* (Vol. 1, pp. 6-9). Retrieved From Gale Virtual Reference Library
Online dictionary entry:	Hipster. (n.d.). In *Oxford English Dictionary*. Retrieved from www.oed.com

4. Citing an Article from a Print Periodical (Magazine, Newspaper, or Scholarly Journal)

Basic Format:	**Author, A. A. (Year, Date Published). Title of article. *Title of Periodical, Volume* (Issue no. if available), Pages xx-xx (p./pp. included for newspapers). doi:xx.xx (for journals, if assigned)**
Monthly Print Magazine Article:	Chamberlin, J., Novotney, A., Packard, E., Price, M. (2008, May). Enhancing worker well-Being: Occupational health psychologists convene to share their research on work, stress, and health. *Monitor on Psychology*, 39(5), 26-29.
Daily Print Newspaper Article:	Schwartz, J. (1993, September 30). Obesity affects economic, social status. *The Washington Post*, pp. A1, A4
Print Scholarly Journal Article (with DOI):	Jackson, D. (2010). How personal trainers can use self-efficacy theory to enhance exercise behavior in beginning exercisers. *Strength and Conditioning Journal, 32*(3), 67-71. doi: 10.1519/SSC.0b013e3181d81c10

5. Citing an Article from a Library Database or Website

Basic Format:	**Author, A. A. (Year, Date Published). Title of article. *Title of Periodical, Volume* (Issue no. if available), Pages. DOI number or Retrieved from URL/description of publisher.**
Magazine article from source's website:	Clay, R. (2008, June). Science vs. ideology: Psychologists fight back about the misuse of research. *Monitor on Psychology, 39*(6). Retrieved from http://www.apa.org/monitor/
Magazine article from library database:	Neumann, E. (2016, March-April). The kitchen sink: Can you farm… carbon? *Mother Jones, 41*(2), 64. Retrieved from Gale Opposing Viewpoints in Context
Newspaper article from source's website:	Brody, J. E. (2007, December 11). Mental reserves keep brain agile. *The New York Times*. Retrieved from http://www.nytimes.com
Newspaper article for library database:	Armon, R. (2018, April 25). Gun rights demonstration returns friday to Kent State. *Akron Beacon Journal (OH)*. Retrieved from Newspaper Source Plus (EBSCOhost).
Scholarly journal article from library database with DOI:	Dolhanty, J., & Greenberg, L. S. (2009). Emotion-focused therapy in a case of anorexia nervosa. *Clinical Psychology & Psychotherapy, 16*(4), 143-155. doi: 10.1002/cpp.64
Scholarly journal article from library database without DOI:	Guinta, M. R. (2018). Social media and adolescent health. *Pediatric Nursing, 44*(4), 196-201. Retrieved from Academic Search Complete (EBSCOhost).

6. Citing a Web Page

Basic Format:	**Author, A. A. or Organization. (Year, Date Published). *Title of page/document*. Retrieved from http://xxxxxxx**
Web Page with author:	Kraizer, S. (2011). *Safety on the Internet*. Retrieved from http://safechild.org/categoryparents/safety-on-the-internet/
Web Page with group author/organization:	American Cancer Society. (2015). *Genetics and cancer*. Retrieved from http://www.cancer.org/cancer/cancercauses/eneticsandcancer/index
Web Page with no author/date:	Scientific method. (n.d.). Retrieved August 21, 2016 from http://en.wikipedia.org/wiki/Scientific_method

7. Citing from Audiovisual and Social Media

Social media post:	Rio Hondo College Library (2018, August 30). We are launching "Students of Rio Hondo Library" to get to know our students, feature them and what they love about our library [Facebook status update]. Retrieved from https://www.facebook.com/riohondolibrary/

Blog post:	McAdoo, T. (2014, February 4). *How to cite a hashtag in #APA Style* [Blog post]. Retrieved From http://blog.apastyle.org/apastyle/social-media/
YouTube Video/Video Blog entry:	Clarkson, R. G. (2009, July 20). [RobertGClarkson]. *Claustrophobia: 7 quick tactics to stop the Panic* [Video file]. Retrieved from https://www.youtube.com/watch?v=0jOXKzwM-Ns
Video from a library database:	Digital Classics Distribution (Producers). (1993). *The walls of Mexico: Art and architecture* [Video file]. Retrieved from Films on Demand database.
Motion Picture (DVD media):	Cameron, J. (Director/Producer), & Landau, J. (Producer). (2009). *Avatar* [DVD]. United States: Lightstorm Entertainment.
Television Program:	Corn, R. (Director), & McKee, S. (Writer). (2016, May 12). At last [Television series episode]. In S. Rhimes (Executive producer), *Grey's anatomy*. New York, NY: ABC.
Podcast or audio recording on website:	Funnell, A. (Presenter), & Davies, A. (Producer). (2009, October 22). Worldwide views on global warming [Podcast]. Retrieved from http://www.abc.net.au/radionational/programs/futuretense/world-wide-views-on-global-warming/3086396

Part 3: Formatting Guidelines

- APA formatting requirements include: A) **1" margins** on all sides, B) **double spaced, 12 pt Times New Roman** text, with C) **headers** on all pages (short title of paper in caps aligned left; page number aligned right). The text **Running head:** is included on the first page only (before the title).
- The four major paper sections are: **Title Page, Abstract, Main Body,** and **References** (see the following examples):

1. Title Page:	2. Abstract:
Running head: TITLE OF PAPER IN CAPS 1 Title of Paper* Author's First and Last Name Rio Hondo College Other required information (course section, professor, etc.) *begin title and above information in upper ½ of page	TITLE OF PAPER 2 Abstract Type the heading, Abstract, centered and in normal text: no bold, underline, or caps are used. The Abstract, or summary, begins on page 2 and is limited to one paragraph of 150 to 250 words. Do not indent the paragraph.
3. Body of Paper:	**4. References:**
TITLE OF PAPER 3 Title of Paper The body of the paper begins on page 3, if the paper includes an Abstract on page 2. Title is in plain text and all paragraphs are indented. Be sure to follow all formatting recommendations in body of paper.	TITLE OF PAPER 8 References Remember to use a hanging indent and double spacing for everything in your reference list. All in-text citations need a corresponding source on the references page. See Part 2 to review reference page guidelines.

Part 4: Other APA Resources

For more rules and information on APA citations and formatting, please see the following trusted sources:

- **Publication Manual of the American Psychological Association (APA Manual), 6th Edition.**
  Location: Reference & Circulating Books > Call Number: BF76.7.P83 2010
- **APA Formatting and Style Guide – Purdue Online Writing Lab (OWL):**
  https://owl.purdue.edu/owl/research_and_citation/apa_style/