



Part 1. In-Text Citations

Purpose of the in-text citation: Use whenever you summarize, paraphrase, or quote from another source. The in-text citation directs the reader to the matching citation on the References page so that the reader can examine and look up that source.

In-text citations include the author’s last name(s) and year of publication. Page number(s) are included for direct quotes. If quotations are 40 words or longer, include in a free-standing block of text (indented 1/2 inch from the left margin) without quotation marks. For sources without page numbers (such as websites and e-books), use a chapter name, paragraph number, or section heading.

Examples of In-Text Citations

Type of In-Text Citation	Sample In-Text Citation
Single Author, direct quote (shown with an author signal phrase):	Skip Downing (2017) notes, “In order to create strong neural networks, you’ve got to actively participate in the learning process” (p. 262).
Single Author, paraphrase (shown without an author signal phrase):	There are more than 320 species of hummingbirds, which range in size from two to six inches long (Bruning, 2016).
Two Authors (always cite both names):	(Smith & Jones, 1972)
Three or more authors (list the first author’s name followed by “et al.”):	(Taylor et al., 1984) <i>If the first author’s name is listed in references more than once, add additional names to differentiate citations:</i> (Taylor, Jones, et al., 1988)
Groups as authors (corporations, associations, government agencies, etc.; can be abbreviated after first citation):	<i>First time used:</i> (American Library Association [ALA], 2014) <i>Following citations:</i> (ALA, 2014)
Unknown or anonymous author (cite the first few words of the reference list title and year):	<i>Use double quotation marks for an article, chapter, or web page:</i> (“Study Finds,” 2009) <i>Italicize the title of a periodical, book, brochure, or report:</i> (<i>Gun Control</i> , 2016) <i>Use the name “Anonymous” only if listed as the author:</i> (Anonymous, 2011)

- For more information on in-text citations, see pages 261-268 of the APA Publication Manual, 7th edition.

Part 2: Citations for References Page

- For every in-text citation included in your paper, you must have a corresponding bibliographic citation in the References page.
- The References page is typically the last page(s) of your essay or research paper.
- While the given examples are single-spaced, APA reference citations are always: 1) double-spaced, 2) in alphabetical order, 3) indented after the first line, one-half inch from the left margin (known as “hanging indent”), and 4) one space following each period.
- The following are formats and examples of common APA citations. Use these as guidelines to help cite your own sources.

1. Citing a Print Book

Basic Formats:	Author, A. A. (Year Published). <i>Title of work: Subtitle.</i> Publisher. <i>or</i> Editor, A. A. (Ed.). (Year Published). <i>Title of work: Subtitle.</i> Publisher.
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Book with one author:	Shotton, M. A. (1989). <i>Computer addiction: A study of computer dependency</i> . Taylor & Francis.
Book with two authors:	Forgan, J. W., & Richey, M. A. (2015). <i>The impulsive, disorganized child: Solutions for parenting kids with executive functioning difficulties</i> . Prufrock Press.
Book with three or more (up to twenty) authors:	Alper, S., Schloss, P. J., Etscheidt, S. K., & Macfarlane, C. A. (1995). <i>Inclusion: Are we abandoning or helping students?</i> Corwin Press.
Book with group author (corporations, associations, government agencies, etc.):	American Medical Association. (2004). <i>American Medical Association family medical guide</i> (4 th ed.). Wiley. <i>Note: example also indicates edition other than first.</i>
Edited work or anthology collection with single author:	Plath, S. (2000). <i>The unabridged journals</i> . K. V. Kukil (Ed.). Anchor.
Edited work or collection without author:	Duncan, G. J., & Brooks-Gunn, J. (Eds.). (1997). <i>Consequences of growing up poor</i> . Russell Sage Foundation.
Book translation:	Tolstoy, L. (2006). <i>War and peace</i> . (A. Briggs, Trans.). Viking. (Original work published 1965).

2. Citing an eBook from a Library Database or Website

Basic Format:	Author, A. A. (Year Published). Title of work: Subtitle. Publisher. URL or DOI (if available).
eBook from a library database (same as physical book, unless eBook version is different or abridged):	Kirk, R. (2017). <i>Robots, Zombies and Us: Understanding Consciousness</i> . Bloomsbury Academic.
eBook available online (include website URL):	Post, E. (1923). <i>Etiquette in society, in business, in politics, and at home</i> . Funk & Wagnalls. http://www.bartleby.com/95/
eBook purchased for E-Reader (such as Amazon Kindle):	Tetlock, P. E., & Gardner, D. (2015). <i>Superforecasting: The art and science of prediction</i> . http://www.amazon.com
Audiobook (found online):	Cain, S. (2012). <i>Quiet: The power of introverts in a world that can't stop talking</i> (K. Mazur, Narr.) [Audiobook]. Random House Audio.

3. Citing a chapter or entry from a Print Book or eBook

Basic Formats:	<i>Print or Electronic:</i> Author, A. A. (Year Published). Title of chapter or entry. In A. Editor (Ed.), Title of book (xx ed., Vol. xx, pp. xxx-xxx). Publisher. URL or DOI (if available)
Chapter in a print book/anthology:	Haybron, D. M. (2008). Philosophy and the science of subjective well-being. In M. Eid & R. J. Larsen (Eds.), <i>The science of subjective well-being</i> (pp. 17-43). Guilford Press.
Entry in a print reference book with no author:	Fractures. (2005). In D. B. Jacoby, & R. M. Youngson (Eds.), <i>Encyclopedia of family health</i> (3 rd ed., Vol. 5, pp. 2470-2471). Marshall Cavendish.
Entry in a reference eBook (available online) with author(s):	Graham, G. (2005). Behaviorism. In E. N. Zalta (Ed.), <i>The Stanford encyclopedia of Philosophy</i> (Fall 2007 ed.). https://plato.stanford.edu/entries/behaviorism/
Entry in a reference eBook (from a library database) without author(s):	Earliest Temples and Tombs. (2005). In E. I. Bleiberg, J. A. Evans, K. M. Figg, P. M. Soergel, & J. B. Friedman (Eds.), <i>Arts and humanities through the eras</i> (Vol. 1, pp. 6-9). https://link.gale.com/apps/doc/CX342740014/GVRL?u=cclc_rio&sid=GVRL
Online dictionary entry:	Hipster. (n.d.). In <i>Urban Dictionary</i> . https://www.urbandictionary.com/define.php?term=-Hipster

4. Citing an Article from a Print Periodical (Magazine, Newspaper, or Scholarly Journal)

Basic Format:	Author, A. A. (Year, Date Published). Title of article. Title of Periodical, Volume (Issue no.), pages. DOI (for journals, if assigned)
Monthly Print Magazine Article:	Chamberlin, J., Novotney, A., Packard, E., Price, M. (2008, May). Enhancing worker well-being: Occupational health psychologists convene to share their research on work, stress, and health. <i>Monitor on Psychology</i> , 39(5), 26-29.
Daily Print Newspaper Article:	Schwartz, J. (1993, September 30). Obesity affects economic, social status. <i>The Washington Post</i> , A1, A4
Print Scholarly Journal Article (with DOI):	Stewart, C., Rapp-McCall, L., & Drum, L. (2019). The relationship of spirituality and mental health to recidivism. <i>Social Work & Christianity</i> , 46(4), 67–86. https://doi-org.riohondo.idm.oclc.org/10.34043/swc.v46i4.105

5. Citing an Article from a Library Database or Website

Basic Format:	Author, A. A. (Year, Date Published). Title of article. Title of Periodical, Volume(Issue). Pages. URL or DOI.
Magazine article from source's website:	Clay, R. (2008, June). Science vs. ideology: Psychologists fight back about the misuse of research. <i>Monitor on Psychology</i> , 39(6). https://www.apa.org/monitor/2008/06/ideology
Magazine article from library database:	Neumann, E. (2016, March-April). The kitchen sink: Can you farm... carbon? <i>Mother Jones</i> , 41(2), 64. https://link-gale-com.riohondo.idm.oclc.org/apps/doc/A443652243/OVIC?u=cclc_rio&sid=OVIC&xid=e88886cd
Newspaper article from source's website:	Brody, J. E. (2007, December 11). Mental reserves keep brain agile. <i>The New York Times</i> . https://www.nytimes.com/2007/12/11/health/11iht-11brod.8685746.html
Newspaper article from library database:	Armon, R. (2018, April 25). Gun rights demonstration returns friday to kent state. <i>Akron Beacon Journal (OH)</i> . http://search.ebscohost.com.riohondo.idm.oclc.org/login.aspx?direct=true&db=n5h&AN=2W6183623327&site=ehost-live
Scholarly journal article from library database with DOI:	Stare, B. G., & Fernando, D. M. (2019). Black american men's treatment experiences in mental health court: A phenomenological analysis. <i>Journal of Addictions & Offender Counseling</i> , 40(1), 17–35. https://doi-org.riohondo.idm.oclc.org/10.1002/jaoc.12054
Scholarly journal article from library database without DOI:	Guinta, M. R. (2018). Social media and adolescent health. <i>Pediatric Nursing</i> , 44(4), 196-201. http://search.ebscohost.com.riohondo.idm.oclc.org/login.aspx?direct=true&db=a9h&AN=131366570&site=ehost-live

6. Citing a Web Page

Basic Format:	Author, A. A. or Organization. (Year, Date Published). Title of page/document. Site Name. URL.
Web Page with author:	Kraizer, S. (2011). <i>Safety on the internet</i> . Coalition for Children. http://safechild.org/categoryparents/safety-on-the-internet/
Web Page with group author/organization (omit site name if same as organization):	American Cancer Society. (2015). <i>Genetics and cancer</i> . http://www.cancer.org/cancer/cancercauses/eneticsandcancer/index
Wikipedia entry (access most recent archived version for date):	Quantum mechanics. (2020, April 27). In <i>Wikipedia</i> . https://en.wikipedia.org/w/Index.php?title=Quantum_mechancis&oldid=953514270

7. Citing from Other Sources (Social Media, Multimedia, etc.)

Facebook post:	U.S. Department of the Interior. (2020, January 10). <i>Like frosting on a cake, snow coats and clings to the hoodoos at Bryce Canyon National Park in Utah</i> [Image attached] [Status Update]. Facebook. https://www.facebook.com/USInterior/photos/a.155163054537384/2586475451406120/?type=3&theater
Twitter post (“tweet”):	Newsom, G. [@GavinNewsom]. (2020, April 30). <i>Today, we announced a new portal to help parents – including our essential workers – find safe and licensed children care in their area</i> [tweet; thumbnail link to website]. Twitter. https://twitter.com/GavinNewsom/status/1255941125795266560
Instagram post (photo or video):	BBC News [@bbcnews]. (2020, April 28). <i>Bollywood actor Irrfan Khan has died at the age of 53</i> . [Photograph]. Instagram. https://www.instagram.com/p/B_jtB1xJ0oc/?igshid=isg27ekloebe
Blog post	McAdoo, T. (2014, February 4). How to cite a hashtag in #APA Style. <i>APA Style Blog, APA</i> . http://blog.apastyle.org/apastyle/social-media/
Podcast	Prime, K. (Host). (2019, March 29). For whom the cowbell tolls [Audio podcast episode]. In Radiolab. WNYC Studios. https://www.wnycstudios.org/story/whom-cowbell-tolls
YouTube/Video Blog:	Tasty. (2018, July 15). <i>The best homemade pizza you’ll ever eat</i> [Video]. YouTube. https://www.youtube.com/watch?v=sv3TXMSv6Lw
Film or Video (if found online, include URL at end):	Cameron, J. (Director/Producer), & Landau, J. (Producer). (2009). <i>Avatar</i> [Film]. Lightstorm Entertainment. <u>If film/video is in another language:</u> Del Toro, G. (Director). (2006). <i>El laberinto del fauno</i> [Pan’s labyrinth] [Film]. Warner Bros.
Video from a library database:	Digital Classics Distribution (Producers). (1993). <i>The walls of Mexico: Art and architecture</i> [Video file]. https://fod.infobase.com/PortalPlaylists.aspx?wID=97629&xtid=6273
Television Program (Episode):	Corn, R. (Director), & McKee, S. (Writer). (2016, May). At last (Season 12, Episode 23) [TV series episode]. In S. Rhimes (Executive Producer), <i>Grey’s anatomy</i> . ABC.
Photograph or Artwork (on museum website)	Picasso, P. (1937). Weeping Woman with Handkerchief [Painting]. Los Angeles County Museum of Art, Los Angeles, CA, United States. https://collections.lacma.org/node/231784
Music (song and album)	The Smiths. (1986). There is a light that never goes out [Song]. On <i>The Queen is Dead</i> [Album]. Rough Trade/Sire Records.
Email, Personal Interviews & Communication	<i>No references citation required. Include in main text (in-text citation) only:</i> (B. Young, personal communication, April 30, 2020).

Part 3: Formatting Guidelines

- APA formatting requirements include: A) **1” margins** on all sides, B) **double spaced**, C) the following **acceptable fonts** (used consistently throughout): 11-point Calibri/Arial/Georgia, 12-point Times New Roman, or 10-point Lucida Sans Unicode/Computer Modern, with D) **page numbers** on all pages (flush right, top of page).
- FYI: Page headers (also known as “running head”) are no longer required for student papers.
- The four major paper sections are: **Title Page**, **Abstract**, **Main Body**, and **References**. Ask your instructor for assignment formatting requirements, or see “General APA Guidelines” at: https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html

Part 4: Other APA Resources

For more examples, rules, and information on APA citations and formatting, please see the following trusted sources:

- **Publication Manual of the American Psychological Association (APA Manual), 7th Edition.**
Location: Circulating Books > Call Number: BF76.7.P83 2020
- **APA Formatting and Style Guide – Purdue Online Writing Lab (OWL):**
https://owl.purdue.edu/owl/research_and_citation/apa_style/