

WOMEN EMPOWERED

Fridays at 12 noon
March 18th -April 29th
SS207



Facilitated by
Dawn Glover, MA, Graduate Intern

Sign up in SS230
Student Health & Psychological Services
(562) 908-3438

WE

**Topics
including:**

*Self-Esteem &
Confidence*

Healthy Relationships

Dating & Hooking Up

Is Love Enough?

*How Can We
Communicate Better?*

Assertiveness

Conflict Resolution