

FLEX ACTIVITIES
Physical Education - Approved
Effective: July 1, 2005

The purpose of the flexible calendar is to provide time for faculty to participate in development activities that are related to staff, student, and instructional improvement. All activities must

1. Be non-compensated
2. Be above and beyond regular contractual duties, and
3. Take place outside of normally scheduled hours/class

Title 5, Article 2, Flexible Calendar Operations, Section 55724

1. **Course Instruction and evaluation**
 - Sport/dance specific workshops, clinics and seminars
 - Fitness clinics
2. **Staff development, in-service training and instructional improvement**
 - Sport rules seminar
 - Fitness center staff development (*e.g.* CPR/First Aid classes, required orientation training, updates on equipment utilization, etc...)
 - Learning a second language
3. **Program and new course curriculum or learning resource development and evaluation**
 - Subject specific conferences
 - Learning new technologies that enhance your teaching
 - Accreditation committees
4. **Student personnel services**
 - Recruiting activities - outreach programs in sports
 - Participation in RHC Information Days
 - Campus club advisors
5. **Learning resource services**
 - Professional Association Conferences (non-union)
 - Activities that update teaching practices or environment
 - Women's History Conference
6. **Related activities, such as student advising, guidance, orientation, matriculation services, and student, faculty and staff diversity**
 - Attending a sporting event related to the teaching assignment
 - Attending a dance performance related to the teaching assignment
 - Participating in sport events (non-compensated)
 - Participating in dance performances (non-compensated)
 - Production of a dance performance (non-compensated)
7. **Departmental or division meetings, conferences and workshops, and institutional research**
 - Attendance at Coaching Association meetings

- Attendance at State Championships
- Attendance at Dance Association meetings

8. Other duties as assigned by the district

- Speaking engagement in your subject area
- Participation in Speakers Bureau (non-compensated)
- Participation in walk, *e.g.* Breast Cancer, American Heart Assoc., 5ks, etc...

9. The necessary supporting activities for the above - Not to exceed 6 hrs/semester for Full-time Faculty and 3 hrs/semester for Part-time Faculty

- Visiting museums or cultural sites
- Attending a concert, play or lecture

** Part-time Faculty may receive FLEX credit for attending department meetings and course revisions*